Parent & Child Elementary School Activity Calendar

Central Elementary School
Cynthia Kubit, Principal







THE PARENT INSTITUTE®

Parent & Child Activity Calendar

Elementary School Parents make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October		**1** Have a contest: How many words can you and your child make from the letters in OCTOBER?	**2** Have your child teach you something he needs to learn for homework. It's a great way to reinforce learning.	**3** Watch the news with your child. Locate one place mentioned on a world map.	**4** Set aside time every day for reading aloud. Sometimes, let your child read to you.	**5** Put on music and spend 15 minutes drawing or writing with your child. Let the music be your inspiration.
6 Write your child's name vertically. Have her use each letter in her name to begin a line of a poem.	**7** With your child, learn to say *hello* in three other languages.	**8** Today is the anniversary of the Great Chicago Fire. Develop a family plan in case of a fire in your home.	**9** Talk about *honesty* and why it is so important. Find examples of people who demonstrate honesty.	**10** Let your child plan dinner tonight. How many food groups can he include?	**11** Take the Geography Challenge. Name a state, province or country. Who can call out its capital first?	**12** Have a music-sharing night where everyone shares their favorite music. Talk about how it makes each of you feel.
13 Enjoy some outdoor physical activity as a family today.	**14** Have your child close her eyes. Make a sound and ask her to guess what you are doing.	**15** Ask your child to tell you the three best things about himself.	**16** Start a made-up story. "A man went down the road and he met a _____." Let your child finish the story.	**17** Encourage your child to sort her books by subject. She can use the library's system or invent her own.	**18** Talk with your child about something he did well today.	**19** Have a jump rope contest. See how many jumps your child can do in a row.
20 Bake cookies with your child. If you're doubling a recipe, have her do the math.	**21** Talk with your child about ways to handle stress. Exercising and talking to someone are great options.	**22** Choose a number, then have your child list all the things he can think of that come in that number.	**23** Let your child see you keep your temper when you are angry. Instead of yelling, talk calmly about how you feel.	**24** Ask your child to imagine life 150 years ago. How about 150 years in the future?	**25** Give your child a measuring tape. Ask her to measure and record the dimensions of objects in your house.	**26** Choose a book to read that you and your child can both enjoy.
27 It's Teddy Roosevelt's birthday. Look up facts about this president and protector of the environment.	**28** Pick a category. Ask your child to pick a letter. How many items from the category begin with that letter?	**29** If your child could be a famous person in history, who would he be? Why?	**30** Have a contest: Who can name the most parts of the body? (Organs count, too.)	**31** Post a new vocabulary word and its definition on the bathroom mirror. Change it every three or four days.	**2019**	

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